



Low Gluten Daily Menu

(from 12pm Monday to Saturday)

Lunch Plates

Tandoori Skewers £15

Tandoori chicken, spiced fries, tomato & onion salad, mint yoghurt

Veggie option:
Halloumi Skewers

Harissa Salmon Salad Bowl £16

Harissa spiced salmon, mango, peppers, cashews, gem lettuce, coriander, lemon dressing

Veggie option:
Sliced Avocado

Checketts Toastie

BBQ beef brisket, cheddar, gherkins, mustard mayo, served with fries £16

Mediterranean veg, pesto, garlic mayo, served with fries £15

Homemade Soup £9

Please ask for today's flavour

Checketts Mezze Bowl £16

Warm mediterranean veg, couscous, houmus, whipped feta & basil, marinated olives, warm breads

Pizza Oven

Margherita £12

San Marzano tomato sauce, mozzarella, parmesan, basil, herb oil

Goat £14

San Marzano tomato sauce, Goat's cheese, spinach, caramelised onion, mozzarella

Confit Garlic Bread £12

Garlic butter, confit garlic, mozzarella, parsley

Spicy £15

San Marzano tomato sauce, pepperoni, red onion, peppers, sriracha, chilli, mozzarella

Holy Cow £15

San Marzano tomato sauce, BBQ Beef brisket, spring onion, chilli jam, mozzarella

Farmhouse £14

San Marzano tomato sauce, ham, mushroom, pineapple, mozzarella

Sides

Skin on fries £4 | Truffle & Parmesan Fries £5.50 | Side Salad £4 | Halloumi Bites £7